

STUDENT SUCCESS WORKSHOPS

SPRING Quarter 2008 Schedule

(No cost. No sign up. No kidding.)

eLearning	Friday	March 28	12:10-1:00	BHL 109
eLearning	Wednesday	April 2	12:10-1:00	BHL 109
eLearning	Wednesday	April 9	12:10-1:00	BHL 109
Reading for College Success	Friday	April 11	10:00-10:50	T-BDG 237
Note Taking	Tuesday	April 15	10:00-10:50	T-BDG 301
Stress Management	Tuesday	April 15	1:10-2:00	T-BDG 301
Critical Thinking	Tuesday	April 22	1:10-2:00	T-BDG 301
Career Center Orientation	Thursday	April 24	1:10-2:00	T-BDG 162
Stress Management	Friday	April 25	12:10-1:00	T-BDG 301
Time Management	Tuesday	April 29	1:10-2:00	T-BDG 301
Value of Volunteering	Wednesday	April 30	10:00-10:50	T-BDG 301
Resume Workshop	Thursday	May 1	12:10-1:00	T-BDG 301
Choosing a Major/Career	Friday	May 2	9:30-10:50	T-BDG 103
Test Taking Tips	Tuesday	May 6	1:10-2:00	T-BDG 301
Test Anxiety	Thursday	May 8	1:10-2:00	T-BDG 301
Note-Taking	Tuesday	May 13	10:00-10:50	T-BDG 301
Interview Skills	Wednesday	May 14	12:10-1:00	T-BDG 301
Time Management	Thursday	May 15	2:10-3:00	T-BDG 301
Stress Management	Friday	May 16	12:10-1:00	PUB 258A
Overcoming Procrastination	Tuesday	May 20	10:00-10:50	PUB 258C
Test Taking Tips	Friday	May 23	12:10-1:00	PUB 258 A
Time Management	Tuesday	May 27	1:10-1:50	PUB 258 A
Stress Management	Thursday	May 29	1:10-2:00	PUB 258 C
Test Anxiety	Friday	May 30	1:10-2:00	PUB 258 B
Test Taking Tips	Monday	June 2	1:10-2:00	PUB 258 B
Career Center Orientation	Tuesday	June 3	11:00-11:50	GHL Career Ctr
Find & Maximize Your Internship	Tuesday	June 10	1:10-2:00	PUB 258 B

The Nitty Gritty

- Questions about the workshops? Call 992-2155
- Looking for direction choosing a major, choosing your first career, advancing in your organization, or changing careers later in life? Call 992-2155
- To request a disability-related accommodation call (360) 992-2314 or TTY 992-2835 two weeks in advance

STUDENT SUCCESS WORKSHOPS

Spring Quarter Topics

Career Center Orientation

Discover ways to explore thousands of occupations, or just a few. Use your Career Center to check out your career interests, choose a major, or find the perfect transfer program. You'll receive passwords to our exclusive online systems.

Choosing a Major/ Choosing a Career

Are you trying to figure out what you want to major in and what kind of work you want to do? Join us to take a career assessment that will generate lots of possible good-fit occupations for you. You'll also learn about online resources to assist your career exploration.

Critical Thinking

Critical thinking is essential to effective learning. Join us for an introduction to critical thinking and learn some useful techniques for applying strong thinking skills to enhance learning in your classes.

ELearning/Blackboard

Are you considering taking an online class sometime soon? Do you have instructors who post assignments on Blackboard? Come learn about eLearning and using Blackboard at Clark College.

Find & Maximize an Internship

Increase your marketability and value to employers. Discover how to find an internship and make it most beneficial to you.

Interview Skills

The interview is a critical step in the job search process. In this workshop, you will gain tips for successful interviewing that will leave employers impressed! Learn how to prepare for an interview, anticipate questions you'll be asked and how to follow-up afterwards.

Next Steps

Whether you are choosing a major, choosing your first career, advancing in your organization, or changing careers later in life, come learn about the services, resources, and staff available to support your "Next Step."

Note-taking

Taking notes is only one part of the note-taking process. Come and learn about the other two equally important parts of the process, as well as how to create and learn from more effective notes.

Overcoming Procrastination

Do you constantly turn assignments in late? Do you have a hard time motivating yourself to get started with studying or projects? If so, you may have a procrastination problem! In this session we'll explore why students procrastinate and learn specific techniques you can use to overcome it.

Reading for College

Are you feeling overwhelmed by that big stack of text books on your desk? Come learn active reading techniques that will help you retain more of what you read in less time!

Resume Workshop

Want to make your resume stand out from the competitions? Learn how to market your education, skills

and experience effectively on paper so you stand out above the rest. Basic components of a resume, formatting strategies and emphasizes the importance of tailoring your resume to a particular position will be covered.

Stress Management

Understanding where your stress is coming from can help to reduce that stress in your life. We'll talk about the roots of our stress, and how to manage the stress that we are feeling.

Test Anxiety

Does your mind go blank or your stomach churn with nervousness when it's time to take a test or a quiz? Come find out ways to manage test anxiety to help you achieve academic success.

Test Taking Tips

Does the word "test" cause your palms to sweat? Join us for an hour of demystifying the test-taking process!

Time Management

Do you have enough time for the things you *want* to do? Get tips on how to approach time as if *you* are in control.

Value of Volunteering

Service is only one component of volunteer work. Learn about the professional and exploratory rewards of volunteering in your community. This workshop will examine what volunteering can offer to the volunteer, how to find the right volunteer opportunities and how to utilize your experiences professionally.