

# Environmental Health and Safety

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## Drug and Alcohol Impairment

Approximately 30 people die every day in the United States, due to vehicular crashes involving drivers impaired by alcohol.

18% of deaths caused by vehicular crashes involve drugs such as cocaine and marijuana.

A DUI in Washington state can result in up to \$5,000 in fines, and a suspended license.

A DUI in Oregon can result in fines up to \$10,000, and a suspended license.

According to a 2012 survey, over 10 million people over the age of 12 drove a vehicle while impaired by drugs and/or alcohol.



There are many ways that drugs and alcohol can mentally and physically cause impairment.

It is extremely dangerous to drive a vehicle or motorcycle while under the influence of alcohol, illicit or prescription drugs.

Driving under the influence can result in thousands of dollars in fines, numerous injuries or fatal vehicular accident.

There are thousands of deaths each year due to individuals driving under the influence.

In order to decrease these tragic events, it is crucial to raise awareness by educating you on the ways that alcohol and illicit and prescription drugs can impair a driver.

## Ways That Drugs Impair You

- Marijuana
  - ◆ Drowsiness
  - ◆ Decreased attention
- Cocaine
  - ◆ Erratic behavior
  - ◆ Anxiety and restlessness
- Opiates (Heroin, Morphine, Codeine)
  - ◆ Mental Confusion
  - ◆ Drowsiness and visual impairment
- Amphetamines
  - ◆ Impaired concentration
  - ◆ Impaired vision and judgment

## Ways That Alcohol Impairs You

- Slows hand-to-eye reaction times
- Interferes with voluntary eye movements
- Reduces concentration
- Causes drowsiness
- Causes over-confidence
- Affects ability to multi-task
- Impairs ability to interpret sensory information



## Resources

[Ways that Drugs Impair Judgment](#)

[Penalties for DUI in Washington](#)

[Penalties for DUI in Oregon](#)

[Effects of Drugs and Alcohol on the Body](#)

[Driving While Impaired](#)

[Addiction Treatment in Washington](#)

[Addiction Treatment in Oregon](#)

[Find 12-Step Meetings Near You](#)

Created By R. Benjamin

**Don't learn safety by accident**