

Clark College hosts mental health Mondays

Next session
is Jan. 24

From alcohol and drug abuse to cultural differences and mental health, Clark College's "Mental Health Mondays" series returns to offer insights on social issues.

Held Mondays through March 27 from noon to 1 p.m., in the Penguin Student Lounge, all events are free and open to the public.

The next scheduled session will be held Jan. 24, when the discussion will focus on suicide prevention, and will include at-

tendance by a Veterans Administration Medical Center representative.

Other topics will include Asperger's syndrome and autism on Jan. 31; the therapist's role in gender transition on Feb. 7; cultural differences and mental health on Feb. 14; warning signs of threatening behavior on Feb. 28; and group therapy in daily life on March 7.

No session will be held Feb. 22, when Clark College will be closed in observance of President's Day.

Clark College is located at 1933 Fort Vancouver Way.