counseling from an Asian Perspective  

L. Ma. Rosson  
Dental Health Counselor  
St. Camas  0-904-2521  

Insurance Accepted

Recycle your Christmas tree  
Recycle - Saturday, January 9, with the Boy Scouts  
Boy Scouts will pick up all trees set out by the curb by 8 a.m. A $7 donation (inside of screen door) will be accepted for the Boy Scouts.  

IN BRIEF

Russell will hold town hall meeting in Camas  
The first of a handful of town hall meetings hosted by Republican candidate for U.S. Rep.-District 3, Dave Russell, will be held in Camas.  

Speaker will talk about managing stress  
In a struggling economy, many have had to deal with work and family crises which can lead to acute and chronic stress that impact a person’s emotional and physical well-being.  

Washougal man earns kudos from ASE  
The honors continue for Clark County automotive technology professor Mike Godson, who recently received the “Lifetime Master Teacher of the Year” award from Automotive Service Excellence (ASE) Motor Age Training Academy.  

‘Second Friday’ will refresh  
“Refresh, Renew and Rejuvenate” will be the theme for the Camas “Second Friday” events in downtown Camas this week.

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Camas Performing Arts Series  
Camas Theatre  • 26000 15th St • Camas, WA

Steve Zegree, Pianist  
Bobby McFerrin Professor of Jazz  • Western Michigan University  

The program is being offered by East County Fire & Rescue in conjunction with the Washington State Department of Natural Resources and the Autumn Hills Homeowners Association, although pre-registration is not required to attend.

Topics will include wildland fire, smokejumpers, the National Firewise Communities program, the ECPR Forest Protection Plan, forest use, square grids, emergence, evacuation, and burn alternation.

For more information, contact ECPR Capt. Mike Caron at 384-909.

Jon Russell

Carmen has served on the board of the Washington State Skills Center Directors Association, and nine years as director and teacher of the Southwest Washington Business and Industry Teacher Certification.  

Carmen was also honored as a Washington State “Good Samaritan Hero.”

Carmen has semi-retired after working as the Clark County Community Development director, and is currently active in working to stop the Bowness Power Administration from building a 500 kilowatt transmission system through southwest Washington.  

He also does consulting work in several western states to improve government agencies’ customer service cost efficiencies.

Chosen by the mayor to be the city’s Director of Education Advisor Panel and the OSPI Standards Revision Team.  

He earned a masters’ degree in administration from Lewis and Clark College in Portland, and an undergraduate degree in geography from Portland State University.  

He served in the Navy during the Vietnam War.

Dean, 62, currently works as a math teacher in the Evergreen School District.  

For U.S. Rep.-District 3, Dave Russell, has a custom home builder in Clark County.

8:30 a.m. to 10 p.m. at the Clark College Penguin Student Union Building. The event is free and open to the public. The guest speaker will be

Yael Schweitzer, a licensed clinical social worker and board certified dance and movement therapist. She received training through the University of Massachusetts Medical School and Harvard University.

Clackamas College is located at 3900 S.E. 204th Way. For more information, visit www.clack.edu.

Mike Godson

Yael Schweitzer

‘Second Friday’ will refresh  
“Refresh, Renew and Rejuvenate” will be the theme for the Camas “Second Friday” events in downtown Camas this week.  

Activities, hosted by participating merchants, will include free massages; skin, nail and hair care advice; nutrition and exercise tips; recipes and food samples; free gift bags; and expert advice on fashion and home decor.

In addition, many downtown merchants will stay open late and offer special deals, sales and giveaways.

The monthly “First Friday” event is being moved to the second Friday of the year during the 2009 Northern American Council of Automotive Teachers forum conference on excellence in all ASE automotive tests.

Godson heads the automotive department at Clark. He is a Toyota Technical Educator and a National Accredited Technician instructor, a chairperson on the Toyota T-TRN national advisory council, and a National Accredited Technician Education Foundation evaluation team leader. He is also ASE Master and L1 certified.

Godson has worked in the automotive technical industry since 1976, and has been an instructor at Clark since 1995.

For more information about the second Friday events and participating merchants, visit www.downtowncamas.com.
IN BRIEF

Russell will hold town hall meeting in Camas

The first of a handful of town hall meetings hosted by Republican candidates for U.S. Congress will be held in Camas.

Speaker will talk about managing stress

In a struggling economy, many have had to deal with work and family stress, which can lead to acute and chronic stress that impact a person's emotional and physical well-being.

In this mind, managing stress will be the topic discussed as part of the first installment of Clark College Mental Health Month in 2010.

Washougal man earns kudos from ASE

The honors continue for Clark College automotive technology professor Mike Godson, who recently received the "Li Master Technician of the Year" award from Automotive Service Excellence. Mike Godson Training Master Locksmith of Washougal earned the most recent recognition after being the highest scoring applicant and nearly 100 people who took the advanced skills performance exam.

Two Second Friday events will refresh

"Refresh, Renew and Rejuvenate" will be the theme for the Camas "Second" Friday events in downtown Camas this week.

Other meetings will be held as follows:

- Jan. 22, 7 p.m., at the library, 2625 N.E. Fourth St., Camas
- Jan. 29, 7 p.m., at Central Fire Hall, 800 2nd Ave., Camas
- Feb. 5, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Feb. 12, 7 p.m., at the Camas Police Department, 400 2nd Ave., Camas
- Feb. 19, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Feb. 26, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- March 5, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- March 12, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- March 19, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- March 26, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- April 2, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- April 9, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- April 16, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- April 23, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- April 30, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- May 7, 7 p.m., at the Little Red Barn, 2622 197th Ave. S.W., Washougal
- May 14, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- May 21, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- May 28, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- June 4, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- June 11, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- June 18, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- June 25, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- July 2, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- July 9, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- July 16, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- July 23, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- July 30, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Aug. 6, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Aug. 13, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Aug. 20, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Aug. 27, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Sept. 3, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Sept. 10, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Sept. 17, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Sept. 24, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Oct. 1, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Oct. 8, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Oct. 15, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Oct. 22, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Oct. 29, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Nov. 5, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Nov. 12, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Nov. 19, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Nov. 26, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Dec. 3, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Dec. 10, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Dec. 17, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Dec. 24, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas
- Dec. 31, 7 p.m., at the Camas Public Library, 625 N.E. Fourth St., Camas

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Bobby McFerrin Professor of Jazz • Western Michigan University

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