

Leading The Way to a Healthier College



Rebecca Wale, Clark College Environmental Health and Employee Development Program Manager.

Clark College is taking the next step to protect the health and safety of its students and employees by becoming the first community college in Washington State to become a tobacco-free campus. The policy, which was approved by the Board of Trustees at their November 21 meeting, is scheduled to take effect in March.

In May 2004, the College's Environmental Health and Safety Committee, chaired by Bob Knight, Vice President of Administrative Services, sought to alleviate problems associated with secondhand smoke by moving ashtrays, changing signage and adjusting building ventilation systems. They conducted several surveys and found that the majority of students, faculty, and staff supported the notion of a non-smoking campus.

After evaluating all the data, the College Council voted unanimously, in the spring of 2005, to support the policy change to a tobacco-free campus. The College's Executive Cabinet has also voted unanimously to support such a move, and the Board of Trustees followed with

their approval. Trustee Sue Fratt, CEO of the American Lung Association of Oregon, commented that, "We should create an environment on campus where smoking is not socially acceptable."

The rule won't be implemented until Spring Quarter, said Knight, "so we can communicate the change very thoroughly to the campus and not surprise anybody." He hopes peer pressure will take care of enforcement, rather than the security staff issuing citations. The ban will not apply to the College's Town Plaza location or the Clark Center at WSUV, because those properties are not owned by the College. It will apply to the Clark Center East when it is built.

Rebecca Wale, Environmental Health and Employee Development Program Manager, said, "Education is important. We'd like interactions with smokers who still light up to be positive ones. We'll say, 'Our policy has changed and here's some information." Wale serves on the Environmental Health and Safety Committee and was instrumental in researching the issue, conducting the surveys, and assisting in developing the recommended changes.

In addition, Clark College was awarded a \$7,000 grant from Steps to a Healthier Clark County for using policy to improve employee health. The grant will help pay for campus signage, printing costs for informational materials, and a mailing to students announcing the change to a smoke-free campus, said Health Services nurse practitioner Mary Deal. The organization is funded by the U.S. Department of Health and Human Services to focus on prevention of diabetes, obesity and asthma and to address related risk factors, such as poor nutrition, physical inactivity and tobacco use and exposure.

Earlier this month, state voters passed Washington State Initiative 901. That law, which will take effect in December, bans smoking in all public places and workplaces, as well as within 25 feet of doors, windows and vents.

Nurse Practitioner in Health Services Receives a 2005 Selecky Award



Where there's smoke, there's fire...and asthma and litter and inconvenience. As Clark College moves toward becoming a tobacco-free campus, Mary Deal, a nurse practitioner in Health Services, has received a 2005 Selecky Award. The award, given by the Washington State Department of Health, recognizes individuals and organizations making outstanding contributions to tobacco prevention and control in the state. "My role has been as both a spokesperson for students who told me their stories about how smoking on campus was affecting their health, and as a resource on the harmful effects of second-hand smoke," said Deal.



"Students came to me explaining how they needed to carry inhalers with them when

passing through smoking areas, and how they purposely didn't schedule classes in certain buildings because of smokers near the doorways," she said. "Not only does smoking on campus impact the health of non-smoking students, but doors, curbs and areas around ashtrays are often littered with cigarette butts." In the summer, fires flare up in bark dust when cigarettes are not disposed of properly. Deal's efforts were acknowledged at the November 21 meeting of the Clark College Board of Trustees.

Taking The Next Literary Step

Register Professor David Oates is among the contributors to the new issue of *Creative Nonfiction*, which bills itself as "the first and largest literary journal of nonfiction writing." His debut article is "The Slashpile Inventory." His previous books include "City Limits: Walking Portland's Boundary," "Paradise Wild: Reimagining American Nature" and a book of poetry, "Peace in Exile." *Creative Nonfiction* is an internationally distributed literary journal which publishes personal essays, memoirs, and literary journalism by established authors and emerging talent. Information about *Creative Nonfiction* is available on the Internet at www.creativenonfiction.org.

Creative Nonfiction includes dramatic, true stories using scenes, dialogue, close, detailed descriptions and other techniques usually employed by poets and fiction writers about important subjects - from politics, to economics, to sports, to the arts and sciences, to racial relations, and family relations.



Creative Nonfiction heightens the whole concept and idea of essay writing. It allows a writer to employ the diligence of a reporter, the shifting voices and viewpoints of a novelist, the refined wordplay of a poet and the analytical modes of the essayist.

Flight of the Mind, Exploration of the Heart



Left: Mural Artist Johanna Poethig proudly displays the mural in the Clark Center lobby at WSUV. Right: Close-up of the right section of the mural



t took only a week for Johanna Poethig to create a 19- by 25foot mural in the new Clark Center at Washington State University Vancouver (WSUV). Or at least it might have seemed that way to onlookers. In truth, the Bay Area public artist worked on the piece in her studio for a year before it was installed. Poethig was chosen to receive the commission for the artwork from a pool of 175 applicants. The work was funded by the Art in Public Places Program of the Washington State Arts Council. Through that program, half of one percent of the budget for public construction projects is earmarked for public art. The budget for the mural, including design, labor and materials, was \$58,000.

Poethig, who is on the faculty of the Visual and Public Art Institute of California State University in Monterey Bay, titled "Flight of the Mind, Exploration of the Heart." In designing it, she took into account the natural and social history of the area, the landscape and the current users of the building, like nursing and engineering students. A background of energetic lines and a warm color palette set off wooden cutouts of a propeller. petroglyphs (designs generally scratched or otherwise cut into cliffs, boulders, or any natural rock surface), a bear holding a fish, two nurses, and more. "It was a challenge to find a way to bring all of these elements together in the mural," said Poethig. The mural soars two stories in the building's lobby and can be viewed from many levels and angles.

The committee convened in May 2003 to choose an artist for the space included Clark College architect Francher Donaldson, Nursing School Director Shelly Quint, former Division Chair of Business Technology Bernie Johnson, former Vice President of Administrative Services Scott Morgan and art professor Roger Baker. Harrison

Higgs of WSUV and Timothy Buckley of LSW Architects also served on the committee. Alice Taylor of Art in Public Places guided the process.

"I feel great about the finished work," said Poethig. "It was a pleasure to paint on site. People were so welcoming." Until two weeks ago, the piece existed only as a design on paper and many painted wooden cutouts, so the finished work was a revelation, even for Poethig. "It's much richer with actual paint and wood," she said. "In its actual size, it takes on another life."

The process of selecting a public artist and designing and installing the work is a long one. It must take into account the physical space and the community that will use that space. "I encourage people to enjoy and appreciate it," said Poethig. "It's for the public to benefit from for years to come."

Home for the Holidays: A Clark College Celebration



Clark College proudly invites you to a celebration of the holidays on Monday, December 5 from 4:30-6:00 p.m.

Take a break from the hectic pace of finals week and enjoy music and refreshments with your family and friends in the lobby of Scarpelli Hall, starting at 4:30.

Enjoy a wonderful performance by the Clark College Women's Choir, under the direction of April Duvic, and join in a holiday sing-along.

At 5:15, Clark College President Dr. R. Wayne Branch - joined by a very special guest - will flip the switch to light our holiday tree.

In keeping with the tradition of "Clark Cares," guests are invited to bring new, unwrapped toys, which will be collected by the Association of College Employees (ACE) for the YWCA SafeChoice Domestic Violence Shelter.

In addition, the Associated Students of Clark College (ASCC) will collect non-perishable food items, also in support of the YWCA SafeChoice Domestic Violence Shelter.

Clark College employees, students, alumni, family and friends are invited to this special celebration.

Mark your calendar and bring your holiday spirit!

A Delicious Holiday Tradition



Gingerbread Junction - constructed by Clark College Culinary Art students.



Night Before Christmas Kiggins House - designed by DSP Architects.



Log-in/Log-out House - designed by architect Kevin Cooley.

Now in its third year, the Clark College Alumni Association Holiday Gingerbread Contest has expanded to include six entries, each constructed, designed, and sponsored by different organizations and/or businesses in the community. "Gingerbread Junction," a replica of the Vancouver Train Station, was designed by Barrantine Bates & Lee, sponsored by McKay & Sposito, and constructed by Clark College Culinary Art students. LSW Architects designed and sponsored "Visions of Sugar Plums," which was constructed by students enrolled in the Clark County Skills Center Restaurant Management Program. Fort Vancouver Culinary Art students constructed the "Night Before Christmas - Kiggins House" display which was designed by DSP Architects and sponsored by AHA!. The Restaurant at the Reserve sponsored the "Grant House," which was constructed by students attending the Culinary School Reserve and designed by Architects Associative. Vancouver Hilton chefs provided the "Log-in/Log-out House," which was sponsored by Harry's Fresh Foods and designed by architect Kevin Cooley. Wilson and Associates designed "Ginger Putt," which was both sponsored and constructed by Royal Oaks Country Club.

Each display case is equipped with a ballot box which allowed spectators to "vote" (one dollar equals one vote) for their favorite entry. The houses were originally on display at Westfield Shoppingtown in Vancouver then moved to the Hilton at the Vancouver Convention Center as part of the Vancouver Festival of Trees Celebration held from November 25 - 27.

All proceeds from the contest are directed towards Clark College Culinary Arts Scholarships.



Grant House - constructed by the Culinary School Reserve students.



Visions of Sugar Plums - constructed by Clark County Skills Center Restaurant Management Program students.



Ginger Putt - constructed by Royal Oaks Country Club.

ACE

Association of College Employees

with the holiday season upon us, many Clarkers are looking for ways to give back to the community. The Association of College Employees (ACE) offers volunteer opportunities now and in the coming year.

What is ACE?

The Association of College Employees (ACE) is a campus organization that is open to all Clark College faculty, staff, and administrators. ACE seeks to enrich the lives of college employees by providing staff development funds in the form of scholarships and textbook reimbursements. ACE has assisted dozens of employees and their family members in meeting their educational goals. ACE is also devoted to community service through activities including the annual toy drive which benefits a local homeless shelter each year in December. Funds for these activities are raised by ACE through volunteer efforts including the annual book sale and the concession stand.

How can you get involved?

ACE provides many opportunities for employee involvement which translate into various levels of time commitment.

ACE Board Members

ACE is opening up nominations for officers for a term beginning in January 2006. ACE board members provide direction and leadership to the organization and often chair a major activity. Your time commitment includes monthly meetings and project coordination time. All activities are conducted on your own time unless release time is granted by your supervisor.

Elections will be held in December for positions including President, Vice President, Secretary, and Treasurer. You can also volunteer for Member-at-Large positions. If you are interested in becoming an ACE officer, or have questions regarding officer roles, please contact Nell Gladson at x2954 or by e-mail at ngladson@clark.edu.

Basketball Concession Stand

ACE will continue its long tradition of hosting the concession stand for Penguin basketball home games. This year's opener will take place on December 7. The stand is staffed with college volunteers and all proceeds go towards staff development scholarships. Project coordinator Rebecca Wale will be sending out a volunteer sign-up sheet soon. Hours worked count towards the ten hour commitment for ACE scholarship recipients. This is a great way to show your college spirit and support our teams.

YWCA SafeChoice Toy Drive

In the spirit of the holiday season, ACE is sponsoring a toy drive to benefit the YWCA SafeChoice Domestic Violence Shelter which offers temporary short-term shelter for women and children seeking safety from abusive relationships. Donation boxes will be available for you to drop off a new, unwrapped toy at the Clark College Holiday Tree Lighting on December 5. Toys can also be delivered to Nell Gladson in Baird Administration Building (room 119) or Bev Vogler in the Advising Center in Gaiser Hall until Monday, December 12.

ACE Scholarships and Textbook Reimbursement

Proceeds from many ACE events. such as the annual book sale, support scholarships for Clarkers and their families. ACE was pleased to award seven \$250 scholarships last spring. ACE approved textbook reimbursements to Clark employees in the amount of \$327 for the fall quarter. Employees are eligible for up to \$80 per quarter/semester to pay for textbooks for college-level coursework. To apply for textbook assistance, e-mail your SID# and the name of the institution where you are taking the coursework to mtuve@clark.edu. All recipients must give 10 hours of service to ACE activities.

Look for more ways to get involved with ACE in the coming year. To learn more, please join us at the next ACE meeting.

ACE Meeting

Wednesday, November 30 Noon Student Affairs Conference Room Gaiser Hall

Their Next Steps Led Them To The Championships



lark College men's and women's cross country teams went the distance at the 2005 Northwest Athletic Association of Community Colleges Championships on November 12. Both teams placed fifth in the event, held at Lewisville State Park in Battle Ground. For the men's team, this represented a vast improvement over last year's championship race, where they finished 12th.

On the women's side, Audra McNally was the Clark frontrunner, followed closely by Breanna Mercer, Charlonda Fielder and Liz Newman. The team was plagued by injury and illness this year, according to head coach Dave Caldwell. "Yet they persevered through it all and ran well at the championships," he said. He added that the three-mile course was fast, and the women were prepared. "They beat the teams they should have beat, and, unfortunately, lost to the teams they have lost to all year."

For the men, Manuel Santos and



Sean Coleman lead the team in their climb from 2004's last place finish, even with 12 of the 14 runners being freshmen. "Three miles into the five-mile race, places second through fifth were up for grabs," said Caldwell. "However, lack of experience is likely what hindered Clark the most, and we lost third and fourth place in the latter stages of the race."

Caldwell was pleased with his runners' efforts this year and noted, "Next season looks very bright for the Penguins."

Next Step News from Human Resources

OPEN POSITIONS

Production Artist (Graphics Designer/Illustrator: full-time, permanent classified position. Closing date: December 5, 2005.

Faculty positions, full-time, tenure-track; closing date: January 23, 2006

Art/Photography Instructor Dental Hygiene Instructor Counselor/Human Development Instructor Journalism Instructor

Nursing Instructor

Pharmacy Tech Instructor

Reference/Instruction Librarian

Chemistry Instructors – 3 positions English Instructors – 2 positions Health Occupations Instructor Math Instructor

Paralegal Instructor

Political Science Instructor

Sociology Instructor

Clark 24/7 Staff

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