Financial Wellness Newsletter

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Topic of the Month - Financial Health for Students

April is Financial Literacy Month!
Visit page 2 of the newsletter for some very interesting topics tailored just for students. Resources to support you on your journey to financial wellness.

Financial Wellness Q & A

Q: Will the HEERF/CARES Emergency Grant be available 2022 spring term?
A: The HEERF/CARES Emergency grant funds are exhausted. If you’ve already applied, your application will be reviewed and you’ll receive an award status email after May 5. Learn more at Federal Grants for Students.

Student quote about a recent workshop -
I thought it was very intuitive, and gave me a lot to be aware of when searching for a bank or credit union I want to be a part of. Thank you.

Upcoming Events and Workshops

Financial Preparedness
Tuesday, April 12 @ 1:00 pm  
Register Here
Learn to create a budget that is practical for your financial situation. We will focus on budgeting to attain your long-term goals and create strategies to understand your expenses.

Economic Impact to Your Finances
Wednesday, April 27  
This workshop has been cancelled
Understand how economic events such as interest rate changes, inflation, and recessions impact your finances.

Attend a Financial Wellness workshop and receive a $25 gift card to further your financial success!!

For more Financial Wellness resources visit the Financial Wellness website.
Topic of the Month -
Financial Health for Students
What does the Financial Literacy Month represent?

In 2022, the Month of April will be recognized as National Financial Literacy Month for its 19th year, and frankly, there is a litany of reasons as to why the designation is as important as it ever has been.

Hopefully, we’re at the tail end of a pandemic that has wreaked havoc across the globe. The loss of life has been staggering, and the financial impact of COVID-19 has been felt in nearly every corner of the globe.

The following articles will provide tips on how to manage student loans more effectively and how to pay for college:

- **What I Wish I Knew About Student Loan Debt That I Know Now**
  
  By Justine, from Debt Free Millennials Forget student loan debt.

  There are several things I wish I knew in college about student loan debt that I know now. Had I known these things in my collegiate years, I would have entered the workforce financially stable with a realistic plan to tackle my money goals and student loan debt…

- **5 Rebellious Student Loan Acts – Why #FinHealthMatters**
  
  By Carmen Make Real Cents

  So how do we take our lives back and improve our financial health? Simple: Rebel

  Kind of like Katniss in the Hunger Games, the time is now, the atmosphere is right, its time to destroy your student loans once and for all. Good financial health starts with being proactive and getting rebellious with your finances.

- **3 Tips for Managing Student Loans while trying to start a business - or a life**
  
  By John Hammond

  This year’s theme is student health; emphasizing the financial health of college students in America today. I looked into how the student loan process works (disclaimer: it’s confusing) and came with 3 tips on how to manage your student debt while trying to start a business—or a life.

- **How to Pay for College: 8 Expert-Approved Tips**
  
  By Teddy Nykiel, Anna Helhoski

  Asking “How do I pay for college?” is like asking, “How do I get healthy?” or, “How do I learn another language?” There are lots of answers, but there’s not always one clear path.

** Visit the Clark College website for information about financial wellness resources, virtual Financial Wellness Workshops or email us at financialwellness@clark.edu

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