STUDENT SUCCESS WORKSHOPS Spring 2017

No cost. No sign up. No kidding.

<u>www.clark.edu</u> > Directories > Career Services > Student Success Workshops

PROFESSIONAL DEVELOPMENT					
Resume Building	Tuesday, April 25	12:00-12:50	GHL 213		
How to Work a Career Fair	Wednesday, April 26	11:00-11:50	PUB 258B		
Titles Don't Matter **	Wednesday, April 26	12:00-12:50	PUB 258B		
Interview Skills	Wednesday, April 26	1:00-1:50	PUB 258B		
Professional Networking	Thursday, April 27	11:00-11:50	GHL 213		
Career Party Game	Monday, May 1	9:00-10:00	GHL 213		
Financing Life Game		10:30-12:00			
Empower Yourself, Empower Your Career		1:00-2:30			
Drop-in Resume & LinkedIn Help	Tuesday, May 2	10:00-12:30	PUB 002		
Drop-in Practice Interviews		10:00-12:30	PUB 002		
Human Library: Borrow an Expert		1:00-3:00	PUB 161		
Career Fair	Wednesday, May 3	11:00-3:00	OSC – Gym		
LinkedIn Photo Booth		11:00-2:00	OSC – Stage		
Science of Leadership	Thursday, May 4	11:00-12:30	Student Center		
The 1st 100 Days **	Wednesday, May 10	12:00-12:50	PUB 258B		
Informational Interviews	Tuesday, May 23	11:00-11:50	GHL 213		
When the Job Isn't Right **	Wednesday, May 24	12:00-12:50	PUB 258B		
Entrepreneur vs. Corporate **	Wednesday, June 7	12:00-12:50	PUB 258B		
Career Party Game	Wednesday, June 7	1:00-1:50	PUB 258C		
Job Search Tips	Thursday, June 8	12:00-12:50	PUB 258C		
YouTube Career Exploration	Thursday, June 8	1:00-1:50	PUB 258C		

** Workshop open to all; with a focus on Veterans

The College expressly prohibits discrimination on the basis of race, color, national origin, age, perceived or actual physical or mental disability, pregnancy, genetic information, sex, sexual orientation, gender identity, marital status, creed, religion, honorably discharged veteran or military status, or use of a trained guide dog or service animal in its programs and activities. Learn more at www.clark.edu/nds. If you need accommodation due to a disability in order to fully participate in this event, you should contact Clark College's Disability Support Services Office at 360-992-2314 or 360-992-0901 VP, or visit Penguin Union Building 013, as soon as possible. (Typically 2 weeks before the event)

ACADEMIC SUCCESS					
Reading for College Success	Thursday, April 13	10:00-10:50	GHL 213		
Scholarships & Financial Aid	Thursday, April 13	1:00-1:50	PUB 258C		
Note-taking for College Success	Tuesday, April 25	1:00-1:50	GHL 213		
Plan a Successful Transfer to WSU Vancouver	Thursday, April 27	12:00-12:50	GHL 213		
So You Want to be a Doctor?	Tuesday, May 9	3:00-3:50	GHL 213		
	Wednesday, May 17	1:00-1:50	GHL 213		
Memory Strategies	Wednesday, May 10	1:00-1:50	GHL 213		
Transfer Degree 101	Thursday, May 25	12:00-12:50	GHL 213		
APA Citation	Wednesday, May 31	10:00-10:50	LIB 103		
Test Anxiety	Thursday, June 1	11:00-11:50	PUB 258C		
Managing Your Student Loans After Clark	Tuesday, June 6	1:00-1:50	GHL 213		
	Wednesday, June 7	11:00-11:50	PUB 258B		

PERSONAL DEVELOPMENT					
Creating a Support System in College	Monday, May 8	11:00-11:50	GHL 213		
Conflict Resolution	Tuesday, May 9	11:00-11:50	PUB 258C		
Destroy Debt	Thursday, May 11	11:00-11:50	PUB 258C		
Procrastination	Thursday, May 11	1:00-1:50	GHL 213		
	Wednesday, May 31	11:00-11:50	GHL 213		
Assertiveness & Self-Esteem	Monday, May 15	11:00-11:50	GHL 213		
Organize Your Time, Organize Your Life	Monday, May 15	12:00-12:50	GHL 213		
Better Banking	Tuesday, May 16	1:00-1:50	GHL 213		
Stress Management	Wednesday, May 17	12:00-12:50	GHL 213		
Conquer Credit	Wednesday, May 24	2:00-2:50	PUB 258B		
Finance Your Dreams	Thursday, June 1	1:00-1:50	GHL 213		
Mindfulness for Stress Management	Tuesday, June 6	11:00-11:50	GHL 213		

SPRING QUARTER TOPICS

The 1st 100 Days ** (with a focus on Veterans)

The first days of a new job can be nerve-wracking. The Military provided structure most businesses don't. Learn to navigate this process to ensure you get the feedback you need to be successful.

APA Citation

Learn how to cite using APA style including creating a cover page, references and citations.

Assertiveness & Self-Esteem

Ever feel like people aren't listening or that others take advantage of you? Learn tips for standing up for yourself in a way that is respectful to everyone involved.

Better Banking

Learn about banking basics, compounding interest, and we will compare the rates of local banks and credit unions to determine which offers students the greatest benefit.

Career Days 2017

To see workshop descriptions, follow this link: www.clark.edu/cc/careerdays

Career Party Game

Participate in an interactive, game-like experience with pictures, cards, and conversation. Discover your strongest areas of interest and learn about good-fit careers and majors. **Cupcakes provided!**

Conflict Resolution

Learn strategies for effective communication, anger management and problem solving.

Conquer Credit

Learn how to establish credit, check your credit score, fix credit issues, and what to look for when selecting a credit card.

Creating a Support System in College

Everyone needs a cheerleader! Learn tips to help you develop and maintain a support system that is healthy and reciprocal!

Destroy Debt

Learn strategies to eliminate debt. Students will also learn specific methods for paying down debt, and resources to improve their credit and get assistance negotiating with collections agencies.

Entrepreneur vs. Corporate ** (with a focus on Veterans)

Talk to a former Marine who has worked as an employee in a corporation and who started his own business. How did his Marine Corps experience factor into this employment track?

Financing Your Dreams

Learn to create a budget that is practical regardless of your financial situation. The focus will be on budgeting to attain your long-term goals, and will provide you with the tools to create your own budget.

How to Work a Career Fair

Gain confidence and learn to connect with employers; prepare for the May 3rd Career Fair.

Informational Interviews

Use informational interviews to investigate your career path and develop your job search network.

Interview Skills

Gain tips for successful interviewing including preparation, typical questions and how to follow up.

Job Search Tips

Learn the components of a successful job search campaign in the new labor market.

Managing Your Student Loans After Clark

Discover options for making you loan repayments affordable and the importance of avoiding default.

Memory Strategies

Learn proven memory strategies and get organized for upcoming exams in this interactive workshop.

Mindfulness for Stress Management

Learn strategies and tips to quiet your mind, increase ability to focus, and minimize anxiety to improve academic performance. Or just feel good!

Note-taking for College Success

Taking notes is only one part of the note-taking process. Come and learn about the other two equally important parts of the process, as well as how to create and learn from more effective notes.

Organize Your Time, Organize Your Life

Learn the principles of time management including knowing yourself, planning ahead, making it doable, and monitoring your progress.

Plan a Successful Transfer to WSU Vancouver

Gain academic and financial tips and strategies on how to best prepare to transfer to WSU Vancouver!

Procrastination

Wonder why you keep putting things off? This overview considers some of the root causes of procrastination and offers strategies on improving your motivation.

Professional Networking

Learn the secrets to making networking your most effective job search marketing strategy.

Reading for College Success

Come learn active reading techniques that will help you retain more of what you read in less time!

Resume Building

Learn how to market your education, skills and experience effectively. Basic components of a resume, formatting strategies and tailoring your resume to a particular position will be covered.

Scholarships & Financial Aid

Get up-to-date information on Clark College Foundation, scholarship sources and financial aid prep.

So You Want to be a Doctor?

Learn from our Health Occupations Advisors how to pursue a degree in professional healthcare careers such as medicine, pharmacy, dentistry, physical therapy, veterinary science, and more.

Stress Management

Discover your unique reaction to stress and new options for handling stressful situations.

Test Anxiety

Come find out ways to manage test anxiety to help you achieve academic success.

Titles Don't Matter ** (with a focus on Veterans)

What's in a title? When you're in the military it means a lot. Companies expect their employees to problem solve in groups at all levels of the organization.

Transfer Degree 101

Learn about useful resources and strategies for a successful transfer to a university.

When the Job Isn't Right ** (with a focus on Veterans)

Not every job is right for every person. What happens if that happens to you?

YouTube Career Exploration

Have you ever watched a movie or TV show with an inspirational character or theme? Join us for popcorn and career-related media clips to identify interests and motivations. Be inspired!