



Community Education Winter 2025

East Coast Swing & Foxtrot Fusion for Beginners

Instructor: Julieann and Joseph Platt

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Course Description:

Join us for a fun and easy Beginning Dance Class Series that combines the smooth ease of the Foxtrot with the lively energy of East Swing! For dance floor savvy, it's very helpful to fuse these two dances. Whether you're new to dancing or looking to refine your steps, this class is perfect for all skill levels. Learn the basics of both styles, blending graceful glides and playful rhythms in a relaxed and friendly environment. No partner or experience necessary—just bring your enthusiasm, and we'll have you dancing confidently in no time! See Link for dance video sample, www.ballroomdancewithus.com/Dance-styles. Singles and couples welcome. Pre-req: None

Learning Objectives: *As a result of taking this course, students will:*

- Recognize East Coast Swing and Foxtrot music.
- Acquire a variety of East Coast Swing and Foxtrot steps to dance throughout an entire song
- Develop lead & follow for more effective and confident couple dancing
- Enhance Musical Receptivity -the ability to receive, comprehend, and express music through your body

Course Schedule:

Week 1:

Introduction to Rhythm, Various tempos, Partner Hold, Dance Etiquette, Closed and Open Swing Basic, Follows Outside Turn, Foxtrot Basic, Transition between them.

Week 2: R

Review previous steps, Foxtrot Left Turn Hesitation

Week 3:

Review previous steps, Lead's Turn - wrist

Week 4:

Review previous steps, Handshake Pass

Week 5:

Review previous steps

Selected Bibliography/Resources:

“HANDOUTS”: Dance Etiquette, Best EAST COAST SWING-& FOXTROT songs for learning.

Class Evaluation:

Class evaluations are sent by email. Sometimes the email will be delivered to your “junk mail,” but we can assure you it’s from Clark College only. Your responses are completely anonymous. If you do not see your evaluation immediately after class, look in your junk mail and send it to your email address. If you do not receive an evaluation, please email Continuingeducation@clark.edu or call 360.992.2939.

Inclement Weather:

If the College cancels due to icy conditions you can find this on the college website www.clark.edu ~ If Community Education concludes that the weather is too hazardous we may also decide to cancel this class. In that case you will receive both a phone call and email. Make certain that we have your correct contact information by viewing the class roster.

Looking for classes? Visit our Community Education webpage: www.clark.edu/cce/