



**Community Education**

**Winter 2025**

## **Beginning & Beyond East Coast Swing**

**Instructor:** Julieann and Joseph Platt

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### **Course Description:**

East Coast Swing, one of the most popular dance styles, can be danced to the oldies and to the music of today! A progression of the skills taught in Beginning Swing in both Single and Triple rhythm styles will be taught, including Lead's turns, Cuddle, Sugar Push, and additional styling and polish! Singles and couples welcome. Pre: Good for beginners and those with little dance experience.

### **Learning Objectives:** *As a result of taking this course, students will:*

- Recognize East Coast Swing music.
- Acquire a variety of East Coast Swing steps to dance throughout an entire song
- Develop lead & follow for more effective and confident couple dancing
- Enhance Musical Receptivity -the ability to receive, comprehend, and express music through your body

### **Course Schedule:**

#### **Week 1:**

Review of beginning Single Swing steps, converted to Triple rhythm

#### **Week 2:**

Review previous steps, Cuddle

#### **Week 3:**

Review previous steps, Leads Turn – Shoulder, Sugar Push

#### **Week 4:**

Review previous steps, Follows Double Turn, Alternate Underarm Turns

#### **Week 5:**

Review previous steps

**Selected Bibliography/Resources:**

**“HANDOUTS”:** Dance Etiquette, Best EAST COAST SWING songs for learning.

**Class Evaluation:**

Class evaluations are sent by email. Sometimes the email will be delivered to your “junk mail,” but we can assure you it’s from Clark College only. Your responses are completely anonymous. If you do not see your evaluation immediately after class, look in your junk mail and send it to your email address. If you do not receive an evaluation, please email [Continuingeducation@clark.edu](mailto:Continuingeducation@clark.edu) or call 360.992.2939.

**Inclement Weather:**

If the College cancels due to icy conditions you can find this on the college website [www.clark.edu](http://www.clark.edu) ~ If Community Education concludes that the weather is too hazardous we may also decide to cancel this class. In that case you will receive both a phone call and email. Make certain that we have your correct contact information by viewing the class roster.

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