



Community Education Spring 2025

Beginning Knitting and Crochet

Instructor: Janet Smith

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Course Description:

This course is intended to teach students the basics of crocheting and knitting. Students will learn about selecting yarns and tools, how to make basic stitches, begin and end a project, and how to correct simple mistakes. Projects will include making a tote bag, dish cloth, scarf, baby blanket, a shawl and/or a hat.

Course Schedule

Week 1

Supplies for first class:

- 1 skein of worsted weight or heavier yarn
- Crochet hook in the size recommended for the yarn (look at the label)
- Darning Needle
- Scissors
- Plastic grocery bag

Note: Students should refrain from buying a lot of yarn and crochet hooks and knitting needles until we discuss the upcoming projects during class

Yarn:

- Weight
- Content - Chenille, cotton, wool, acrylic
- Find the end - Make a ball
- Swatching
- Blocking

The tools:

- Crochet hooks

- Darning Needles

Resources: Ravelry, Goodwill, craft store, YouTube

Crochet basics:

- Chain
- Single crochet
- Half Double Crochet
- Double Crochet

Begin a super stretchy bag and a cord

Week 2:

Supplies needed: Additional yarn for next project and if necessary, different sizes of crochet hooks

- Finish stretchy bag and cord
- Granny Squares
- Filet Crochet
- Reading a pattern
- Begin a scarf or dish cloth

Week 3:

Supplies needed: Additional yarn for next project and if necessary, different sizes of crochet hooks

- Continue working on previous projects
- Begin a baby blanket

Week 4:

Supplies needed: Additional yarn for next project and knitting needles of the correct size

- Beginning knitting
- Needles: Straight, circular, double-pointed
- Casting on
- Stitches: Knit, Purl, right-leaning stitch, left-leaning stitch, yarn over, knit and purl through the back loop
- Lifeline
- Casting off
- Begin a scarf or dish cloth
- Continue working on unfinished projects

Week 5:

Supplies needed: Additional yarn for next project and knitting needles of the correct size

- Review knitting basics
- Begin a baby blanket or shawl

- Continue working on unfinished projects

Week 6:

Supplies needed: Additional yarn for next project and knitting needles of the correct size

- Continue working on unfinished projects
- Begin a shawl or hat

Learning Outcomes:

- Students completing the course will be able to:
- Read and follow simple crocheted and knitted patterns
- Crochet a chain, single crochet, half-double crochet, and double crochet
- Make a crocheted cord
- Weave in yarn ends to finish a project
- Cast on stitches for knitting
- Knit, purl, increase and decrease stitches
- Cast off a project
- Correct small mistakes

Selected Bibliography/Resources:

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Class Evaluation: Class evaluations are sent by email. Sometimes the email will be delivered to your “junk mail,” but we can assure you it’s from Clark College only. Your responses are completely anonymous. If you do not see your evaluation immediately after class, look in your junk mail and send it to your email address. If you do not receive an evaluation, please email Continuingeducation@clark.edu or call 360.992.2939.

Inclement Weather:

If the College cancels due to icy conditions, you can find this on the college website www.clark.edu. If Community Education concludes that the weather is too hazardous, we may also decide to cancel this class. In that case you will receive both a phone call and email. Make certain that we have your correct contact information by viewing the class roster.

Looking for classes? Visit our Community Education webpage: www.clark.edu/cce/