

# ADDICTION COUNSELING ADVISORY COMMITTEE MINUTES Friday, April 24, 2015 1:00-3:00 PM Hannah Hall, room 117

<u>Members Present</u>: Sandi Kendrick, Vice Chair, Clark County Public Health; Chris Thompson, VOA; Justene Dillard for Laurie Ellett, Helping Professionals; Jared Sanford, Lifeline Connections; Ed Febish, Columbia River Mental Health; Scott Sims, Columbia Treatment Services

<u>Members Absent</u>: Lynette Tracy, Committee Chair, Lifeline Connections; Josh Barrett, Western Psychological Services; Angela Ball, Daybreak Youth Services; Roberta Morgan, Western Psychological Services; Sybil Iverson/Helen MacArthur, Cowlitz Tribal Treatment

**Guest(s)**: Brian Schoonover, Columbia River Mental Health Services

<u>Clark College</u>: Dr. Marcia Roi, Professor, Addiction Counseling Ed.; Jim Jensen, Instructor; Catherine Kroll, Professor; Miles Jackson, Dean, Social Science & Fine Arts; Brianna Lisenbee, Career Services; Andreana DiGiorgio, Secretary Sr., Advisory Committees

Committee Vice Chair, Sandi Kendrick, called the meeting to order at 9:06 am with introductions.

A motion was made to approve the April 24, 2015 minutes with one change. The motion was seconded and unanimously approved.

### **Director/Division Chair Report**

Dr. Roi reminded the committee she will be on sabbatical in fall. Jim Jensen will fill in for her and continue advising. In Dr. Roi's absence Jim will take curriculum changes and present to Curriculum Committee.

Option for HSSA 101 and ACED 105. HSSA will be called "Introduction to Addictionology" and ACED will remain "Survey of Addictionology". HSSA 101 is a 5 credit class that has two roles. It will be offered as a social science option for any student including the Clark College General Transfer Degree (Major Code: AA). In addition, it will be accepted as a replacement for ACED 101 for the ACED AA Transfer Degree (Major Code: AC), ACED Associate of Applied Science (4371), and the ACED Certificate of Proficiency (437B). HSSA is the new name for ACED 105 and the course specifier ACED 105 will likely disappear. HSSA 101 will be 5 credits and ACED 101 will remain 3 credits. A motion was made to support the above changes to the curriculum requirements. The motion was seconded and unanimously passed.

### **Work Plan**

Sandi led the committee through the work plan. Some highlights follow:

• A representative from the Foundation will be invited to an advisory meeting to discuss fundraising options for the field placement scholarship fund. Marcia announced that an Alcoholics Anonymous meeting has been set up on Fridays at noon in Foster Hall. They will contribute to the scholarship fund.

- WACASE Consortium. Dr. Roi continues to track the progress of a recovery alliance who will represent educators. There will be a march October 4, 2015 on the Mall in DC. Dr. Roi is running for VP of the board; election will take place in fall. No one is running against her.
- Dr. Roi will be exploring a baccalaureate pathway during her sabbatical. She will be visiting colleges to discuss articulation options.
- Two items were added to the work plan: Explore requirements to become a "recovery school", and explore/create recover coach pathway. More information on these items are below.

For a complete copy of the 2015-16 work plan, please visit the ACED web page at: http://www.clark.edu/advisory/index.php.

### **Old Business**

Recovery Coach Curriculum & pathway. Dr. Roi would like to see a Recovery Coach Credential pathway to the CDP training and baccalaureate degree. There is a \$2M SAMSA grant for this area and Dr. Roi reported that her \$9K grant proposal has been approved by Vince Collins, who oversees the grant. Marcia will work with Barbara Garrier with Clark County Community Services. She would like to create the curriculum and the entire pathway for a credential. Currently there is no accountability and she would like to see this as college credit and legislated. Training is very important as one death has occurred already because someone who thought they were a coach inadvertently caused a person who was still using to overdose. Oregon has had a credential for a number of years and they have a two-tier credential. Virginia also has pathway. Do we want to mimic Oregon's model? Dr. Roi would like to add "explore recovery coach pathway" and report back next summer. A motion was made and seconded to support the exploration of a recover coach pathway as well as a baccalaureate degree pathway. The motion unanimously passed.

Recovery Coach grant proposal for Lifeline Connections. Dr. Roi said that Jared Sanford has also requested ATR funds from the grant for Lifeline Connections to support one supervisor and two recover coaches and gather data on what kind of training is working for the recovery coach position. Jared would like Marcia to identify students who would fit in these positions. Jared said in April the State of Washington is revamping their health care delivery system. They will be working with behavioral health systems dealing with chemical dependency and Lifeline will contract with the managed care providers for longer term treatment and insurance will cover this. Has a meeting later this week to discuss funding.

**Submission of ACED 170 credit increase to curriculum in fall term**. Jim will submit a Curriculum Action Request (CAR) in November.

## **New Business**

On campus drug and alcohol assessments proposal. Brian Schooner of CRMHS was invited to the meeting to help with this discussion. Dr. Roi spoke with Kim Nesse who told her that under Medicare Outreach, services are provided. Basically they would come to the counseling center at Clark and work with counselors to provide drug and alcohol assessments to some identified students. How will the students be identified? Dr. Roi said there needs to be an assessment tool that Clark can use to determine which students need help. Jim said there is an open source form that that could be used. Justene Dillard asked if different local agencies could maybe take turns offering donated services such as every Friday. Jared likes this idea. Much discussion took place. Marcia said a major roadblock is that nationwide culture in academia that drug and alcohol programs are not desirable. Jared said drug and alcohol education of the college regarding what college aged kids are doing: partying, binge drinking, etc. Marcia said she read a survey that showed drug and alcohol use among students is a retention issue.

Jim said this is a wrap-around issue. Andreana confirmed that enrolled students are eligible for 10 counseling sessions each quarter for free through Clark's Counseling Department. The department reports to student affairs and the Office of Instruction. Brian asked if students are referred to the counseling center when not doing well in

classes. This can lead to financial aid probation. The committee as a whole think it's a great idea to have a drug and alcohol counselor on campus maybe once per week on a walk-in basis. Marcia mentioned SADD - Students Against Drunk Drivers. Rutgers University is a "safe school". How can Clark College become a "safe school"? This has been added to the work plan and a subcommittee was formed. Ed Febish asked how to start the process of outreach, could Clark donate a room every Friday, for example? Medicare pays for this. Brian mentioned that for people in recovery, going from a drug culture to an academic culture is difficult for many and there is a need for support in the process. The committee would like to further discuss retention and substance abuse at the next meeting. Jim will put this on the fall agenda. Much discussion about on-campus substance abuse, counseling, prevention, support. A motion was made to support the exploration and information gathering for substance abuse counseling on campus. The motion was seconded and passed unanimously. Jim will talk with the Counseling Department and report back to the committee.

Marcia have a Perkins Grant need clarification for the State. Recruitment for the NW recovery project for Jim, Marcia and Kath. Just sent in more revisions.

Sandi summarized the action items. Two new goals will be added to the work plan. Marcia will take her sabbatical. Invite Foundation to next meeting. Jim will meet with the counseling department for information gathering and invite the director of the Counseling Center to an advisory meeting. A subcommittee was formed to look into Clark becoming a "safe school". The members are Jim, Justene and Sandi.

# **Next Meeting Date**

The committee agreed that the next meeting will be a mid-day meeting on Friday, September 25, 2015 at 11:30 am.

The meeting adjourned at 10:35am.

Prepared/submitted by Andreana DiGiorgio