## **Environmental Health and Safety**

**December 24, 2014** 



## **Eliminate Energy Vampires**

Energy Vampires are devices that continue to use power even when they aren't in use. These devices can account for 10% or more of your monthly energy bill. While on their own they may not appear to use much energy, they can add up over time. To help cut down on your electricity usage, follow these tips...

- Unplug devices when they are not in use.
- Use power strips to easily turn on and off multiple items.
- Buy <u>energy efficient</u> devices.
- Set your computer to sleep mode or save a video game instead of pausing it for long periods of time.



## **Common Energy Vampires**

- Computers
- TV's
- Gaming Consoles/DVD Players
- Cable and Satellite TV Boxes
- Coffee Makers
- Microwave Ovens
- Stereos/Surround Sound Systems
- Phone and Other Chargers

Created by Kara Meredith

For more information visit Clark Public Utilities

Sustainable is Attainable: Promote Green Education and Practices