# **Environmental Health and Safety**

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# **Environmentally Friendly Cleaning Options**

Here are the top 3 homemade cleaners completely safe to use around your home





# 1. Baking Soda

## Why?

Cleans, deodorizes, and softens water safely.

#### How?

To clean marbled surfaces anywhere in your home, rub baking soda into the marble with a damp cloth. Then, rinse with water, dry with a towel, and you're done!

#### Other Uses?

Carpet deodorizer and cleaner, oven cleaner, drain cleaner, silver cleaner, etc.

#### 2. Lemons

# Why?

Natural disinfectant and stain remover due to their acidity.

#### How?

To remove stains, squeeze lemon juice onto affected area then add a little baking soda. Rub the mixture into the stains. Let sit overnight if necessary.

#### Other Uses?

Clean microwave, countertops and cutting boards, prevent lime scale on faucets, etc.

# 3. Vinegar

## Why?

Kills viruses, germs, bacteria and mold. It also dissolves tough mineral deposits and stains.

#### How?

To remove mold and mildew, fill a spray bottle with equal parts white vinegar and water. Then, spray on the affected areas.

# Other Uses?

Grease remover, toilet bowl cleaner, drain cleaner, etc.

Created by Maria Potter

For more information on household cleaners and/or recipes visit: www.frugalliving.about.com

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