Environmental Health and Safety

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Motorcycle Safety

As the weather gets nicer, more motorcyclists will be out on the road. Driving a motorcycle is a great way to commute while enjoying the outdoors, but there are some things to keep in mind that will help any motorcyclist avoid accidents. The following tips will help you stay safe on the road while riding a motorcycle.

Driving Techniques

- Maximize visibility by leaving plenty of room between you and other vehicles.
 Watch out for other drivers' blind spots.
- Watch out for intersections. Plan ahead when approaching an intersection, and anticipate where there may be vehicles hidden from view.
- Speed and braking. The faster you ride, the less time you will have to react to life-threatening hazards.
- Remember that you are vulnerable.
 Aggressive driving often causes accidents, so be sure not to tailgate or drive too fast.

Protective Gear

- Abrasion-resistant jacket and pants
- Reflective material on jacket and pants
- High, close-fitting collar
- · Full-fingered gloves
- Sturdy boots that cover ankles

Helmet

- Hard outer shell
- Impact absorbing liner
- Comfort liner
- Visor
- Vent

Resources

Washington State Motorcycle Laws

Oregon State Motorcycle Laws

<u>Protective Gear for Motorcycles</u>

Proper Defensive Driving Techniques



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