

Buying Secondhand and Donating

There are many good reasons to donate and buy secondhand. Not only are you helping your community but you help yourself at the same time. Giving to charities may improve your sense of well-being and keep you informed about important issues in your area. Donations are also tax deductible. If those aren't enough, buying secondhand not only helps charities but allows your family to save money by purchasing goods at a very reduced rate.

13 items you never thought to donate:

- Toilet paper
- Bath essentials
- Dental hygiene essentials
- First aid items
- Pads and tampons
- Diapers
- Underwear and socks
- Spices for cooking
- Blankets
- School supplies
- Old bicycles
- Used cell phones
- Sturdy bags and boxes



Pros to buying second hand:

- Much more affordable
- Money stays in the community
- Easier to spot quality
- It's green
- Inspires recycling
- Stores have friendly atmosphere
- New merchandise daily
- Brand names

Resources:

[Guide to donating](#)

[Goodwill](#)

[Arc of SWWA](#)

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**Sustainable is Attainable:
Promote Green Education and Practices**