

Environmental Health and Safety

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Efficient Appliances Part 2

Along with using energy efficient appliances, there are other ways of lowering your utilities usage. Consider the following tips to help cut down your utility bills.

For more information on how to save energy check out energy.gov



- Lower the temperature of your home during the winter.
- Turn heat off at night or when you aren't home.
- Seal seams and openings from the inside to keep cold air out.
- Close off unused rooms. Heat only areas that you need to.
- Lower the thermostat on the water heater to 120°F.
- Use a programmable thermostat to limit energy use.
- Match your pan size to the burner size.
- Use smaller appliances instead of your oven when possible.
- Wash clothes in cold water and always use a cold water rinse.
- Air dry dishes and clothes whenever possible.
- Wash only full loads in the washing machine and dishwasher.
- Freezers are more efficient when they are full.
- Turn on lights only when you need them.

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Information sourced from Clark Public Utilities

**Sustainable is Attainable:
Promote Green Education and Practices**