

Environmental Health and Safety

September 4, 2015



Air Quality

Air quality in the Portland Metro area can change rapidly based on natural forces not in our control. Recent evidence of this came when smoke from nearby wildfires was carried into the area making it dangerous for people to go outside for approximately 36 hours.

We need to understand where to look for information, allowing us to know when we should stay in and when it is safe to return to normal activities. Wildfire smoke may hurt your eyes, irritate your respiratory system, and worsen chronic heart and lung disease. People who have heart or lung disease, older adults, and children are more likely to be affected by smoke and at a higher risk.



For More Information and Air Conditions Visit:

[Department Of Ecology](#)

[Protect Yourself From Wildfire Smoke](#)

[Center For Disease Control](#)

[Department Of Natural Resources](#)

[Southwest Clean Air Agency](#)

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