

# STUDENT SUCCESS WORKSHOPS

Fall Quarter 2009 Schedule (No cost. No sign up. No kidding.)

<u>EVENT</u>	<u>DAY</u>	<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
eLearning/Blackboard	Wednesday	September 23	12:00-1:00	PUB 258 B
Note Taking for College Success	Wednesday	September 30	11:00-11:50	GHL 213
Reading for College Success	Thursday	October 1	12:00-12:50	GHL 213
Stress Management	Monday	October 5	3:00-3:50	GHL 214
Time Management	Wednesday	October 7	1:00-1:50	GHL 213
Career Center Orientation	Tuesday	October 13	2:00-2:50	GHL 108
Resume Building	Wednesday	October 14	11:00-11:50	GHL 213
Google Apps & Tools	Friday	October 16	1:30-3:30	LIB 103
What's all this fuss about STEM	Tuesday	October 20	12:00-12:50	APH 206
Test Anxiety	Tuesday	October 20	1:00-1:50	GHL 213
Study Skills	Wednesday	October 21	4:00-4:50	GHL 213
Test-Taking Tips	Thursday	October 22	1:00-1:50	GHL 213
Employment Barriers	Thursday	October 29	1:00-1:50	GHL 213
Value of Volunteering	Tuesday	November 3	1:00-1:50	GHL 213
Time Management	Monday	November 9	3:00-3:50	GHL 214
Interview Skills	Tuesday	November 10	2:00-2:50	GHL 213
Stress Management	Tuesday	November 10	3:00-3:50	GHL 214
Study Skills	Monday	November 16	11:00-11:50	PUB 258 B
Learning Styles	Wednesday	November 18	4:00-4:50	GHL 213
Resume Building	Thursday	November 19	3:00-3:50	GHL 213
Career Center Orientation	Friday	November 20	11:00-11:50	GHL 108
Stress Management	Monday	November 30	3:00-3:50	GHL 214
Test Anxiety	Tuesday	December 1	2:00-2:50	GHL 213
Interview Skills	Wednesday	December 2	10:00-10:50	GHL 213
Test-Taking Tips	Thursday	December 3	12:00-12:50	GHL 214

## The Nitty Gritty

- Questions about the workshops? Call the Career Center at 360-992-2155.
- Looking for direction choosing a major, choosing your first career, advancing in your organization or changing careers later in life? Visit the Career Center, Gaiser Hall 108.
- If you need accommodation due to a disability in order to fully participate in this event, you should contact Clark College's Disability Support Services Office at 360-992-2314 or video phone: 192.102.5.20 or visit Gaiser Hall room 137 (by two weeks prior to event).

# STUDENT SUCCESS WORKSHOPS

## Fall Quarter Topics

### **Career Center Orientation**

Discover ways to explore thousands of occupations or just a few. Use your Career Center to check out your career interests, choose a major or find the perfect transfer program. You'll receive passwords to our exclusive online systems.

### **eLearning/Blackboard**

Are you considering taking an online class sometime soon? Do you have instructors who post assignments on Blackboard? Come learn about eLearning and using Blackboard at Clark College.

### **Employment Barriers**

Learn how to manage common barriers to employment that include a criminal record, a gap in employment or an inconsistent work history.

Gain knowledge plus access to tools and information that will help increase your chances for a successful job search.

### **Google Apps & Tools**

Come to this workshop and learn how you can write and store papers in your online Google account, share your Google documents with others and collaborate on assignments

### **Interview Skills**

The interview is a critical step in the job search process. In this workshop, you will gain tips for successful interviewing that will leave employers impressed! Learn how to prepare for an interview, anticipate questions you'll be asked and how to follow up afterwards.

### **Learning Styles**

Complete a learning style inventory and understand how you learn best and how this new knowledge can help you to become a stronger learner!

### **Note Taking for College Success**

Taking notes is only one part of the note-taking process. Come and learn about the other two equally important parts of the process, as well as how to create and learn from more effective notes.

### **Reading for College Success**

Are you feeling overwhelmed by that big stack of textbooks on your desk? Come learn active reading techniques that will help you retain more of what you read in less time!

### **Resume Building**

Learn how to market your education, skills and experience effectively. Basic components of a resume, formatting strategies and emphasizing the importance of tailoring your resume to a particular position will be covered.

### **Stress Management**

Stress is an inevitable part of life affecting health, productivity and relationships. Discover your unique reaction to stress and new options for handling stressful situations.

### **Study Skills**

This workshop will focus on key study skills including planning, memory, reading, note taking and test taking.

A better understanding of the value of these skills and a brief overview of each will give students the opportunity to further develop techniques necessary for college success.

### **Test Anxiety**

Does your mind go blank or your stomach churn with nervousness when it's time to take a test or a quiz? Come find out ways to manage test anxiety to help you achieve academic success.

### **Test-Taking Tips**

Does the word "test" cause your palms to sweat? Join us for an hour of demystifying the test-taking process!

### **Time Management**

Do you have enough time for the things you *want* to do? Get tips on how to approach time as if *you* are in control.

### **Value of Volunteering**

Service is only one component of volunteer work. Learn about the professional and exploratory rewards of volunteering in your community. This workshop will examine what volunteering can offer to the volunteer, how to find the right volunteer opportunities and how to utilize your experiences professionally.

### **What's all this fuss about STEM?**

Come find out what drives success in STEM (Science, Technology, Engineering and Math) careers. Learn how STEM careers are inspiring students to invent new technologies, solve environmental problems and how STEM careers are key to sustainability and economic growth.