set

vending inform- ing the op-

mission about

being a rural

how res-

their homes

wildfire, will

12, at 7

11, 6:00

11, a wild-

3 Fire

the area off

in the Yacolt

Burn State Forest.

The program is being of-

fured by East County Fire &

in cooperation with the Wash-

ington State Depart-

ment of Natural Resources

and the Autumn Hills Home

owners Association, although

the program is not required to attend.

Topics will include wild-

fires, lightning and

the National Firewise

Communities program, the ECPF

Emergency Preparedness and

Response, water supply, in-

gress, egress, evacuation, and

burn alternati-

vities

For more information, con-

 tact ECPF Capt. Mike Carnes

at 384-9008.

Russell will

hold town hall

meeting in Camas

The first of a handful of town hall meetings hosted by Republican candidate for U.S.

Representative
east Russell, will be held in Camas.

The se-

Russell, a Washougal

city councilman, is running for the Third District seat, currently held by the retiring

Brian Baird. For more information, call

884-3600, or visit www.danrussell.com.

Speaker will talk about

managing stress

in a struggling economy, many have had to deal with financial stress which can lead to

and chronic stress that impact a

person's emotional and phys-

ical well-being.

With this in mind, man-

agement will be a

topic discussed at the

first installment of Clark Co-

ty Mental Health

Mondays" in

2010.

"Managing Stres-

s with Mindfulness"

will be presented Monday,

from noon to 1 p.m., at the

Clark College Penguin Stud-

ent Lounge in the Penguin

Union Building. The event

is free and open to the public.

The guest speaker will be

Yael Schweitzer, a licensed

social worker and board

certified dance and

movement therapist. She

re-ceived the "L1 Master

Teacher of the Year"

award by the

Automotive Service

Exe-

creds,

and the

Motor Age

Training Program of Washougal,

earned the most recent rec-

ognition after being the highest

scorer to win it in nearly 10 years.

This is the second award

received in recognition of

excellence performance on the exam.

In addition, many down-
town merchants will stay open late and offer special deals, sales and giveaways.

The monthly "First Fri-
day" event is being moved to the second Friday of the month during the 2008 National

American Council of Auto-
motive Teachers conference for

excelling on all ASE automotive
tests.

Godson heads the auto-

mobile department at Clark. He

is a Toyota Technical Educa-
tion Network instructor, a

chairperson on the Toyota T-

FRN national advisory coun-

cil, and National Automotive Technical Education Foundation evaluation team leader.

He is also ASE Master and L1

certified.

Godson has worked in the

technical automotive indus-

ty since 1978, and has been an

instructor at Clark since 1995.

Recover your

Christmas tree

Recycle - Saturday,

January 9, with

the Boy Scouts

Boy Scouts will pick up all trees set out at the curb

by 8 a.m. at 50 cents per tree.

(Open envelope

to inside of screen door.) Service areas include all

Clark County School district jurisdictions except

Green Mountain and rural Battle Ground.

Clark County, Vancouver, Battle Ground,

Yacolt, Ridgefield, Washougal, and Camas

Yard Debris Curbside Recycling Customers:

The honors continue for Clark County automotive technology instructor Mike Godson, who

recently re-

ceived the "L1 Master Teacher of the Year" award by the

Automotive Service

Exe-

creds,

and the

Motor Age

Training Program of Washougal,

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instructor at Clark since 1995.
IN BRIEF

Russell will hold town hall meeting in Camas

The first of a handful of town hall meetings hosted by Republican candidate for U.S. Rep. Jaime Herrera Beutler will be held in Camas. The series of meetings is a continuation of those that began in August. The upcoming meetings will focus on the federal deficit, job creation and health care, as well as other issues impacting Third District residents.

On Wednesday, Jan. 6, the public meeting will be held at 7 p.m., at the Camas Public Library, 625 N.E. Fourth Street.

Other meetings are scheduled at 7 p.m. on Jan. 7, at the Carlson PUD building in Carson, Wash.; Jan. 14, at 7 p.m., at the Centre Stage Hall on Carlton Avenue in Onalaska; Jan. 23, at 1 p.m., at the Sons of Norway Hall in 601 W. First Ave.; Feb. 2, at 7 p.m., at the Woodland School District offices, 800 Third St., Woodland; Feb. 4, at 7 p.m., at the Seaview Center, 2720 Pacific Way, in Seaview; and Feb. 7, at 7 p.m., at The Little Red Barn, 6222 197th Ave. South, in Rochester.

Speaker will talk about managing stress

In a struggling economy, many have had to deal with financial and family crisis, which can lead to acute and chronic stress that impact a person’s emotional and physical well-being. With this in mind, management consultant and author Yael Schweitzer will be giving a presentation on managing stress with mindfulness, which will be presented Monday, from noon to 1 p.m., at the Clackamas Community College Student Lounge in the Penguin Union Building. The event is free and open to the public.

The guest speaker will be Yael Schweitzer, a licensed clinical social worker and board certified dance and movement therapist. She received training from the University of Massachusetts Medical School and Harvard University.

Washougal man earns kudos from ASE

The honors continue for Clark County automotive technology instructor Mike Godson, who recently received the “Li Master Technician of the Year” award by Automotive Service Excellence (ASE). Godson, of Washougal, earned the most recent recognition after having been the highest scorer in the ASE’s 2008-2009 class of nearly 1,000 people who took the advanced certification exam.

This is the second award Godson received in recognition of superior performance on the exam. This past July, he was named “Educator of the Year” during the 2009 North American Council of Automotive Teachers conference for excelling on all ASE automotive tests.

Godson heads the automotive department at Clark. He is a Toyota Technical Education Network instructor, a chairperson on the Toyota T-TRN national advisory council, and a NACTOY automotive Technician Education Foundation evaluation team leader. He is also ASE Master and Li certified.

Godson has worked in the automotive technician industry since 1976, and has been an instructor at Clark since 1995.

‘Second Friday’ will refresh

“Refresh, Renew and Rejuvenate” will be the theme for the Camas “Second Friday” events in downtown Camas this week.

Activities, hosted by participating merchants, will include free massages; skin, nail and hair care advice; nutrition and exercise tips; recipes and food samples; and information; free gifts; and expert advice on fashion and home design.

In addition, many downtown merchants will stay open late and offer special deals, sales and giveaways.

The monthly “First Friday” event is being moved to the second Friday of the month during the 2011 year to the New Year’s holiday.

For more information about the second Friday events and participating merchants, visit www.downincamas.com.