Interculturalist Sue Shinomiya (formerly Kallenbach) of Business Passport in Portland, Oregon USA, will lead a discussion on “Crossing Cultural Boundaries” Monday, Feb. 23 at Clark College.

The session, is free and open to the public, and is being held as part of the college’s Mental Health Mondays series. It will take place from noon to 1 p.m. in the Penguin Student Lounge, located in the college’s Penguin Union Building. Clark College is located at 1933 Fort Vancouver Way, Vancouver. Parking maps and directions are available on the Clark Web site at www.clark.edu/maps.

During her discussion, Shinomiya will introduce key cultural concepts and tools, including the Cultural Iceberg Model and the IDI analytical tool, which helps individuals understand cultural difference. Shinomiya will address the progression from denial of difference to adaptability and integration. The discussion will also include: “What is the Platinum Rule, and how is it different from the Golden Rule?”

The “Mental Health Mondays” sessions are sponsored by the Clark College Counseling Center. For additional information, call 360-992-2902.