# Conduct a Practice Interview in StandOut

## PURPOSE

StandOut is a free online, video-based practice interview tool that provides an opportunity for you to advance your interview skills in a comfortable, low-pressure environment! StandOut offers you interviewing practice time and access to advice as you find and apply for jobs and prepare for interviews. StandOut has built in software that helps you assess yourself while answering pre-recorded interview questions. Use this tool frequently to prepare for your next interview.

## ACTION

* Sign up for [StandOut](https://standout.com/) to create your profile and conduct a practice interview to build your interview skills.
	+ Contact [Career Services](http://www.clark.edu/careerservices) for access to this tool, call 360.992.2902 or email careerservices@clark.edu.
	+ To use StandOut, you will need access to a video camera and microphone). For interview support, review the [Interview Tips](http://www.clark.edu/enroll/careers/documents/InterviewingTips.pdf) handout.
* To begin, click on the **Practice** tab in the navigation bar and select the “*Welcome to StandOut*” Video. This practice interview will introduce you to StandOut and prepare you for employer online job interviews. Try as many times as you like to improve your interviewing skills. Once you have successfully completed this, select a practice interview from the library and begin your practice interview.

### Review & Reflect

What did you learn about yourself and your interview skills?

What interview skills do you want to improve?

## NEXT STEPS

Conducting practice interviews will help you confidently participate in real ones. To develop more job search strategies, continue on to another “*Deeper Dive*” Activity.

You are now one step further in MyPlan. At this point we encourage you to discuss your progress with a faculty or staff member at Clark College; such as an Academic or Faculty Advisor, Career Services staff, or an Instructor.