ACTION VERBS FOR RESUMES

You oversaw or regulated:

Authorized

Delegated

Dispatched

Enforced

Ensured

Inspected

Itemized

Screened

Verified

Analyzed

Assessed

Audited

Calculated

Discovered

Evaluated

Examined

Explored

Forecasted

Interpreted

Investigated

Identified

Mapped

Measured

Qualified

Surveyed

Tested

Tracked

Authored

Campaigned

Co-authored

Composed

Conveyed

Convinced

Counseled

Critiqued

Defined

Edited

Illustrated

Persuaded

Lobbied

Corresponded

Documented

Briefed

You wrote or communicated:

Quantified

Assembled

Monitored

Scrutinized

You were a research machine:

Blocked

You managed a team:

Cultivated

Directed

Enabled

Fostered

Guided

Inspired

Mentored

Mobilized

Motivated

Recruited

Regulated

Supervised

Shaped

Taught

Trained

Unified

United

Advised

Advocated

Arbitrated

Consulted

Educated

Informed

Resolved

Acquired

Navigated

Negotiated

Partnered

Conserved

Decreased

Deducted

Diagnosed

Reconciled

Lessened

Reduced

Yielded

Consolidated

You saved the company time

Secured

or money:

Forged

& resources:

You brought in partners/funding

Fielded

Coached

You supported customers:

Hired

Facilitated

Aligned

You increased efficiency/sales/revenue/ customer satisfaction:

- Accelerated
- Achieved
- Advanced
- Amplified
- Boosted
- Capitalized
- Delivered
- Enhanced
- Expanded
- Expedited
- Furthered
- Gained
- Generated
- Improved
- Lifted
- Maximized
- Outpaced
- Promoted
- Stimulated
- Sustained

You changed or improved something:

- Centralized
- Clarified
- Converted
- Customized
- Influenced
- Integrated
- Merged
- Modified
- Overhauled
- Redesigned
- Refined
- Refocused
- Rehabilitated
- Remodeled
- Reorganized
- Replaced
- Restructured
- Revamped
- Revitalized
- Simplified
- Standardized
- Streamlined
- Strengthened
- Updated
- Upgraded
- Transformed

You envisioned/brought

- a project to life:
 - Administered
 - Built
 - Charted
 - Created
 - Designed
 - Developed
 - Devised
 - Founded
 - Engineered
 - Established
 - Formalized
 - Formed
 - Formulated
 - Implemented
 - Incorporated
 - Initiated
 - Instituted

 - Introduced
 - Launched
 - Pioneered
 - Reviewed
 - Spearheaded

You achieved something:

- Attained
- Awarded
- Completed
- Demonstrated
- Earned
- Exceeded
- Outperformed
- Publicized
- Reached
- Showcased
- Showcased
 Succeeded
- Jucceeue
- Surpassed
- Targeted

You led a project:

- Chaired
- Controlled
- Coordinated
- Executed
- Headed
- Operated
- Orchestrated
- Orchestrated
- Organized
- OversawPlanned

Produced

Programmed

ADJECTIVES FOR RESUMES

- able
- accurate
- active
- adept
- advantageous
- appreciable
- artful
- artistic
- avid
- beneficial
- broad
- capable
- careful
- challenging
- clever
- competent
- comprehensive
- conclusive
- confident
- conscientious
- consistent
- constructive
- continuous
- convenient
- cooperative
- creative
- decisive
- deft
- dependable
- diligent
- diplomatic
- discreet
- distinctive
- diverse

- effective
- efficient
- energetic
- enormous
- enthusiastic
- entire
- exceptional
- exhaustive
- expert
- extensive
- extreme
- familiar with
- far-sighted
- firm
- flexible
- foresighted
- friendly
- handy
- high
- 11g1
- highest
- high-level
- imaginative
- immense
- impressive
- incisive
- independent
- industrious
- influential
- informal
- innovative
- instrumental
- intensive
- inventive
- large

- liberal
- logical
- masterful
- mature
- methodical

realistic

reliable

relentless

resourceful

responsible

sensible

sensitive

sincere

skillful

steady

strong

substantial

successful

supportive

systematic

tenacious

thorough

uniform

unique

unusual

useful

varied

verbal

wide

versatile

uncommon

uninhibited

understanding

tactful

solid

significant

self-confident

self-controlled

- meticulous
- moderate
- motivated
- natural
- notable
- objective
- open-minded
- optimistic
- organized
- original
- outstanding
- painstaking
- patient
- perceptive
- persevering
- pioneering
- practical
- precise
- principal
- professional
- proficient
- profitable
- progressive

purposeful

- proven
- prudent

quick

ready

rational

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