Environmental Health and Safety

November 25, 2014



Helping Those Less Fortunate

When giving thanks this season, consider those less fortunate. Many different organizations can use donations and extra hands to help out.

Gather family and friends and volunteer at a homeless shelter. Volunteering can be a great way to help give back to the community.

If you don't have extra time to help out, donations are always welcome. Shelters can use canned and boxed food as well as warm clothing and blankets.





Volunteering Ideas:

- Hospitals are a great place to volunteer; visit patients or read a book to a child.
- Retirement homes are good to stop in and spend time with some history buffs or play some great games.
- If you like animals, try volunteering at a <u>local</u>
 <u>shelter</u>. Pet foster homes are always needed,
 along with bleach, non-clumping litter, canned
 and dry food, and blankets.

Always call ahead and check in with an organization before going in to volunteer.

Don't forget: Volunteers are needed every day of the year, not just near holidays.

Created by Kara Meredith

Sustainable is Attainable:
Promote Green Education and Practices