

Community Education – Winter Quarter 2026

Course Information

Course Title: Foxtrot for Beginners

Instructor: Julieann and Joseph Platt

Contact: dance@ballroomdancewithus.com, 954-249-5823



Course Details

Wednesdays, 2/11 – 3/11, 6pm – 7pm, 1933 Fort Vancouver Way, Room OSC218

Course Description

Learn the rhythm, tempos, music, steps, and versatility of the Foxtrot ballroom dance. Understand how Foxtrot has the same rhythm as Swing but is moved around the dance floor instead of danced in place. Discover how this rhythm can be danced to classic Frank Sinatra and to newer artists! Learn dance etiquette, techniques for partner lead and follow, 5 or more Foxtrot steps. Singles and couples welcome. Prereq: None

Learning Outcomes

By the end of this course, students will:

- Recognize Foxtrot music.
- Acquire a variety of Foxtrot steps to dance throughout an entire song
- Develop lead & follow for more effective and confident couple dancing
- Learn the versatility of this dance enjoyed in the music of today & of decades past.
- Enhance Musical Receptivity -the ability to receive, comprehend, & express music through your body

Course Schedule

Week 1: Introduction to Rhythm, Various tempos, Partner Hold, Dance Etiquette, Forward Basic, Left Turn Hesitation

Week 2: Review previous steps, Zig Zags, Foot pressure

Week 3: Review previous steps, Curving Basic, Promenade

Week 4: Review previous steps, Promenade w/Ladies Under Arm Turn

Week 5: Review previous steps

Class Evaluation

- Class evaluations are sent by email.
- If you don't see it right away, check your junk/spam folder.
- Evaluations are anonymous and come directly from Clark College.
- If you do not receive one, contact Continuing Education at:
Email: continuingeducation@clark.edu, Phone: 360-992-2939

Inclement Weather

- If the college closes due to weather, updates will appear at www.clark.edu.
- Community Education may also cancel classes independently if travel is unsafe.
- If canceled, you will be notified by both phone and email.
- Please check that your contact information is correct on the class roster.

More Classes

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