



Continuing Education – Summer 2025

ELDERCARE PLANNING OPTIONS

Main campus (1933 Fort Vancouver Way), AA-4 Bldg., Room #102

Instructor: Prof. Kyle Dittmer

E-Mail: kdittmer@clark.edu

Course Description (Item #19944, Fee \$89):

This class is a planning guide for adult children of aging parents. Topics: eldercare, housing, legal, financial, end-of-Life, and other “A-Z” topics. In-class exercises are designed to help start your personal and family planning process. The course is taught from a family-based and practical real-world experience.

Learning Outcomes:

- How to help plan a realistic comprehensive family-centered plan for your aging parents
- Learn how to assess the needs of your aging parents in a caring compassionate way
- What standard issues do you need to know? What about non-standard issues?
- What resources do you have? What assets need to be acquired?

Course Schedule:

Week 1: Overview of major eldercare issues – how to make a family-centric game-plan. Elder Healthcare issues – Medicare vs. Medicaid, insurance, home healthcare.

Week 2: Elder Housing options (e.g., senior center, AFH, in-home care) and considerations. Elder Financial/Legal/Estate Planning – issues, assets, and considerations. Local resources.

Week 3: Dementia/Alzheimer’s Disease – caregiving strategies. End-of-Life experience, Funeral options, the Memorial Service, stages of grief (and coping methods).

IN-CLASS EXERCISES:

Two real-world-based homework assignments will be given out to help your specific needs. The home-works will be e-mailed out after each class and due by the upcoming weekend.

Course Schedule

Mondays: August 4th, 11th, 18th

6:15 pm to 8:45 pm



Selected Bibliography/Resources:

- TBA

Class Evaluation: Class evaluations are sent by email. Sometimes the email will be delivered to your “junk mail,” but we can assure you it’s from Clark College only. Your responses are completely anonymous. If you do not see your evaluation immediately after class, look in your junk mail and send it to your email address. If you do not receive an evaluation, please call 360.992.2939.

Inclement Weather:

If the College cancels due to icy conditions you can find this on the college website:

www.clark.edu ~ If Community Education concludes that the weather is too hazardous, we may also decide to cancel this class. In that case you will receive both a phone call and email. Make certain that we have your correct contact information by viewing the class roster.

Looking for classes? Visit our Community Education webpage: www.clark.edu/cce/