



Trick Or Treat Safety

Halloween is a time when many of us like to have fun and dress up in a variety of costumes.

There are a number of safety concerns, including candy safety, reflective clothing for night time visibility and costume safety. This will address make up and costume safety however the other topics can be found in the resource links.

Costume Safety Tips

- Attach reflective tape to your costume for higher visibility at night.
- Carry a flashlight or glow sticks to see where you are going safely.
- Wear well fitting masks, costumes and shoes to avoid blocking your vision or causing slips, trips and falls.
- Wear flame resistant clothing and avoid walking near open flames such as candles.
- Pre-test any accessories to ensure you know how to apply or use them.



Accessory Hazards

Novelty Makeup

- These products should be labeled as intended for face or body applications and be non-toxic.
- Test a small area of your skin before painting large areas to ensure you do not have any reactions.

Decorative Contact Lenses

- Contact lenses are a prescription based medical device.
- Contact an eye care professional to ensure proper use and design of any decorative contact lenses.

Temporary Tattoos

- These come in a variety of forms including decals, Mehndi and Black Henna.
- These can be made with products that react on skin so read labels and test small areas before using in larger areas.

Resources

[NSC: Halloween Safety](#) [CDC: Halloween Health and Safety Tips](#)

[FDA: Novelty Makeup](#) [FDA: Decorative Contact Lenses](#) [FDA: Temporary Tattoos](#)

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Don't learn safety by accident