



June 3, 2016

## Poisons

Most homes have a surprising amount of products that may seem harmless, but are actually poisonous if ingested. It is necessary for the safety of everyone in your home, that you learn which items in your home are poisonous. The following information will help you find out what these items are, and what to do in the event of someone getting poisoned.

### Poisonous Household Items

#### The most common poisons in children are:

- ◇ Cosmetics and personal care products
- ◇ Cleaning products
- ◇ Pain medicine and vitamins
- ◇ Pesticides and plants

#### The most common poisons in adults are:

- ◇ Pain medicine
- ◇ Sedatives, hypnotics, antipsychotics
- ◇ Antidepressants
- ◇ Cleaning products
- ◇ Alcohols
- ◇ Pesticides



#### Signs that someone has been poisoned:

- ◇ Breath that smells like chemicals
- ◇ Difficulty breathing
- ◇ Vomiting
- ◇ Confusion or altered mental state
- ◇ Drowsiness

#### Call 911 immediately if the person is:

- ◇ Drowsy or unconscious
- ◇ Has stopped breathing
- ◇ Having seizures

### Resources

[Common and Dangerous Poisons](#)

[Poisoning First Aid](#)

[Safe Medication Disposal](#)

While waiting for medical help to arrive, there are steps you should take to keep the poisoned person as safe as possible. Click

[here](#) to find out what you can do.