



## Bicycling Safety

Bicycling is a great way to exercise, have some fun on your commute, and enjoy the outdoors. Riding a bike can be dangerous for you and others. The following tips will help keep you safe.

### Bicyclists

- Do not assume drivers can see you. Always make eye contact.
- Use hand signals to communicate actions.
- Use a headlight and rear light when bicycling at night.
- Always yield to pedestrians, and slow down when necessary.
- Avoid blind spots. Always stop behind vehicles.
- Avoid passing vehicles on the right, they may not see you.
- Give your full attention. Look and listen the entire time you are bicycling.
- Pick the best route: one with a low speed limit, no blind corners, and fewer cars.
- Do not engage in any stunts or dangerous acts.
- **Always wear a helmet!**



### Pedestrians

- Pay attention to your surroundings.
- Stay to the right of any path to avoid bicycles and vehicles.
- Listen for signals from bicyclists and vehicles.
- Wear bright/light colors and reflective materials.
- Always walk on marked paths and sidewalks when available.

### Resources

[How to Not Get Hit by Cars](#)

[How to Ride a Bike in Traffic](#)

[WSDOT Bicycling Safety Tips](#)

[AAA: Bicycle Safety](#)

