

Environmental Health and Safety

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Carbon Monoxide Poisoning

Carbon Monoxide (CO) is an odorless, colorless, and tasteless gas. According to the Centers for Disease Control and Prevention ([CDC](http://www.cdc.gov)), more than 400 Americans die from unintentional CO poisoning each year. Burning any fuel can produce CO and poisoning occurs by inhaling enough CO to replace oxygen in your blood, which can result in death.

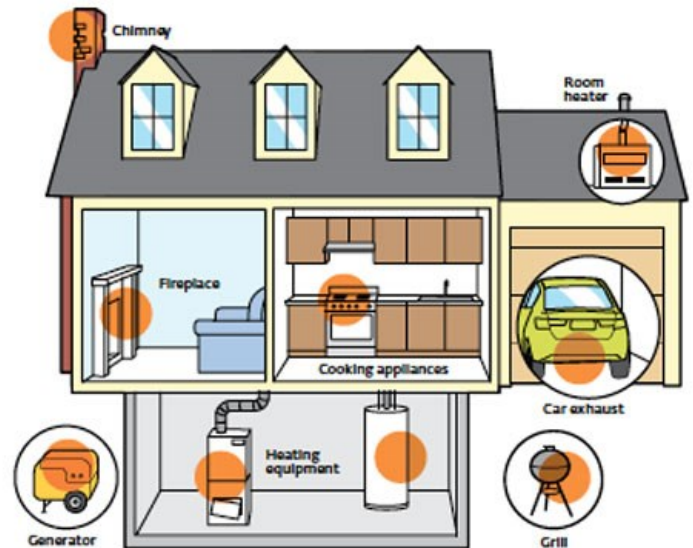
Symptoms Can Include:

- Headache & Fatigue
- Nausea & Vomiting
- Shortness of Breath
- Dizziness & Confusion
- Loss of Muscular Coordination
- Loss of Consciousness
- Personality Changes
- Memory Loss & Brain Damage
- Severe Lung Injury

Another Resource is the

[Consumer Product Safety Commission](http://www.cpsc.gov)

POTENTIAL DANGER ZONES



Prevent Carbon Monoxide Exposure

CO alarms are available for purchase at many local retail stores.

Test your alarm monthly and replace batteries every 6 months.

Never heat your home using a gas range or oven.

Never leave a vehicle running in the garage or any other enclosed space.

Never use a charcoal grill indoors.

Never use any gasoline powered engines (mowers, snow blowers, etc.) in enclosed spaces.

Don't learn safety by accident

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